



Harvest of the Month Delivery Schedule 2014-2015



The objective of Harvest of the Month (HOTM) is to increase student consumption of fresh fruits and vegetables.

Deliveries:

1 Week before Delivery: Participating teachers receive an educator newsletter in their mail box as well as an email that includes a digital copy of the newsletters and additional information about the Harvest of the Month.

Delivery Day: A bulk delivery of seasonal fresh fruits or vegetables is delivered to participating schools based on the schedule below. In addition, English & Spanish language family newsletters will be provided to send home with each student. The family newsletters are filled with a variety of nutrition education tips, activities, recipes and resources.

Tastings:

Each participating teacher receives enough produce for each student in their class to have a tasting.

For freshest possible tastings, sign out your produce on the day of delivery or next day.

Month	Harvest of the Month Produce	Hayward Delivery Dates (Mondays)	San Lorenzo/ San Leandro/Alameda Delivery Dates (Tuesdays)
November	Pears	11/3	11/4
January	Cooked Greens	1/12	1/13
February	Cabbage	2/2	2/3
March	Oranges	3/2	3/3
April	Carrots	4/13	4/14
May	Blueberries	5/4	5/5

Did you lead a fun lesson involving Harvest of the Month in your classroom?

Then share it with other educators on our blog! www.projecteat.com/blog

Email a paragraph and a few photos to projecteatmedia@gmail.com to be featured.

