

Fire Up Your Feet Weekly Activity Log

Name: _____

Class (Room number and/or Teacher name): _____

	Date	Category (Circle all that apply)	Activity	Minutes Logged
Saturday/ Sunday		To school From school At school Outside school		
Monday		To school From school At school Outside school		
Tuesday		To school From school At school Outside school		
Wednesday		To school From school At school Outside school		
Thursday		To school From school At school Outside school		
Friday		To school From school At school Outside school		

Please return completed activity log on _____

Activities can include walking, bicycling, recess, PE class, outdoor activities, sports, or any activity that gets kids moving!